TAKETHEULTIMATE HUMEIN CHALLENGE FIND OUT WHAT YOU ARE REALLY MADE OF

Become the healthiest human you can be by finding out how healthy you actually are with Body Composition Analysis

- ✓ Total skeletal muscle mass
- Total body fat in kilograms
- Total body fat percentage
- ✓ Visceral fat
- Total body water
- Segmental muscle and fat analysis
- Bone mineral content
- Basal metabolic rate



LET'S SEE SOME RESULTS!

The InBody 570 body composition analyser provides a detailed report outlining your measurements, an individual snapshot of how healthy you are on the inside showing you exactly where improvements can be made.

Humen BODY SCAN

FITNESS | HEALTH | WELLBEING



YOUR SCAN IS AS UNIQUE AS YOU ARE

InBody's patented technology is unique as it scans you for you, it does not use any assumptions but provides precise results as unique as the person standing on it. Many devices may ask for ethnicity, body type, gender and age. We ask for age and gender simply as a means of providing guidelines to allow you to compare your results. The non-use of any assumptions is what sets InBody's technology apart and is one of the underpinning reasons why InBody is used in extensive studies/used by top sports people, medical intuitions and utilised in over 70 countries worldwide.





The InBody 570 allows you or your trainer/health professional to regularly monitor your level of body fat, lean muscle mass and muscular development so you can understand how your diet, lifestyle and training regime are influencing your overall body composition.











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